

APPALACHIAN REGIONAL HEAD AND NECK CENTER

HOME OFFICE:

200 MEDICAL CENTER DRIVE, SUITE 2N

HAZARD, KY 41701

606-439-4466

OTHER OFFICES ARE LOCATED IN SOMERSET, LONDON AND LEXINGTON, KY

MICROLARGYSCOPY BIOPSY

PATIENT TEACHING

- 1. A soft diet is recommended for the rest of the day of surgery**
- 2. Drink plenty of fluids (32-64 oz a day)**
- 3. No aspirin, Motrin, or Advil for at least 2 days**
- 4. Hoarseness may be experienced for a couple of days**
- 5. Tylenol may be taken for pain**

Monday – Thursday 8:00 a.m. – 4:00 p.m.

Friday 8:30 a.m. – Noon

If you need assistance after these hours, you may contact:

NAME OF PATIENT _____

FOLLOW UP APPOINTMENT _____

