



APPALACHIAN REGIONAL HEAD & NECK CENTER

Frank D. Mongiardo, M.D., P.S.C.

Pre-Surgery Instructions for Outpatient Same Day Surgery

1. Do not eat or drink anything after midnight prior to the morning of surgery.
2. Do not take aspirin, Motrin, Advil, Aleve or Ibuprofen for 10 days prior to the day of surgery.
3. Do not put wear makeup or lipstick or jewelry. Remove all nail polish.
4. Do arrive at the Outpatient Registration at the designated time given by the OR staff on the Friday prior to surgery.
5. Do have a responsible adult accompany you home, or the surgery will be cancelled (exception is made for local anesthesia only).
6. Wash and shampoo your hair prior to surgery.

PATIENT NAME _____

SURGERY PROCEDURE(S) _____

SURGERY DATE _____

LOCATION _____

The OR staff will call you the Friday prior to surgery with the time you need to arrive.

PHYSICIAN'S NAME: Frank Daniel Mongiardo, M.D.

If you have any questions, call our office at 606-439-4466.

DIAGNOSIS: _____

BLOODWORK: _____