

APPALACHIAN REGIONAL HEAD & NECK CENTER

HOME OFFICE:

200 MEDICAL CENTER DRIVE, SUITE 2N

HAZARD, KY 41701

606-439-4466

OTHER OFFICES ARE LOCATED IN SOMERSET, LONDON AND LEXINGTON, KY

PAROTIDECTOMY

PATIENT TEACHING

- 1. Drink plenty of fluids (32-64 ounces a day)**
- 2. Take pain medication as needed**
- 3. Do not take aspirin, Motrin or Advil for 3-4 days**
- 4. If a bandage is placed, please leave on for 3 days. We will remove it with your post-op appointment**
- 5. If no bandage is placed, keep dry for 24 hours. Apply Polysporin 3 X per day for one week.**
- 6. No lifting until after your post-op appointment**

Monday – Thursday 8:00 a.m. – 4:00 p.m. and Friday - 8:30 – Noon

If you need assistance after these hours, you may contact:

NAME OF PATIENT: _____

FOLLOW UP APPOINTMENT: _____