

APPALACHIAN REGIONAL HEAD & NECK CENTER

HOME OFFICE:

200 MEDICAL CENTER DRIVE, SUITE 2N

HAZARD, KY 41701

606-439-4466

OTHER OFFICES ARE LOCATED IN SOMERSET, LONDON AND LEXINGTON, KY

TONGUE-TIE (ANKYLOGLOSSIA) SURGERY RELEASE

PATIENT TEACHING

- 1. Eat a soft diet the rest of the day after surgery**
- 2. Drink plenty of fluids**
- 3. Anesthesia can last 24 hours; crying may be from anesthesia but you may give pediatric Tylenol if you are not sure of the cause of crying**
- 4. With healing, the surgical area will turn white, and the color from foods and drinks can be captured on the white area**

Monday – Thursday 8:00 a.m. – 4:00 p.m. and Friday - 8:30 – Noon

If you need assistance after these hours, you may contact:

NAME OF PATIENT: _____

FOLLOW UP APPOINTMENT: None Needed

No follow-up appointment is needed. You have 24 hour access to us if needed by calling the office during regular office hours or the listed after hour contact numbers stated above.